

## CUCUMBER FINGER

- **Cucumber (*Cucumis Sativus*)** is a widely cultivated plant in the gourd family, Cucurbitaceae. It is a creeping vine bears cucumiform fruits that are used as vegetables.
- Consists mostly of water, and they also contain important electrolytes. They can help prevent dehydration in hot weather or after a workout.



### PACKING DETAILS

Weight	<b>10Kg</b>
Units/ Case	<b>10Kg/ Drum</b>
Cases/ Pallet	<b>48</b>
Shelf-life	<b>12 Months</b>
Pack Language	<b>English &amp; Arabic</b>

### INGREDIENTS:

Cucumber	Water
Salt	Lactic Acid
Non-GMO products	

### STORAGE AND HANDLING

Can be kept at room temperature in a cool and dry place.
Unopened may be stored for as long as 12 months.
Cover with cling film and then store under refrigerated conditions.

### NUTRITION FACTS:

Nutritional Value per 100g (3.5oz)	
Energy	<b>65 kJ (16kcal)</b>
Carbohydrates	<b>3.63g</b>
Sugars	<b>1.67</b>
Dietary Fiber	<b>0.5g</b>
Fat	<b>0.11g</b>
Protein	<b>0.65g</b>
Vitamins	
Thiamine (B1) 0.027mg	<b>2% DVT</b>
Riboflavin (B2) 0.033mg	<b>3% DVT</b>
Niacin (B3) 0.098mg	<b>1% DVT</b>
Pantothenic acid (B5) 0.259mg	<b>5% DVT</b>
Vitamin B6 0.04mg	<b>3% DVT</b>
Folate (B9) 7µg	<b>2% DVT</b>
Vitamin C 2.8mg	<b>3% DVT</b>
Vitamin K 16.4 µg	<b>16% DVT</b>
Minerals	
Calcium 16mg	<b>2% DVT</b>
Iron 0.28mg	<b>2% DVT</b>
Magnesium 13mg	<b>4% DVT</b>
Manganese 0.079mg	<b>4% DVT</b>
Phosphorus 24mg	<b>3% DVT</b>
Potassium 147mg	<b>3% DVT</b>
Sodium 2mg	<b>0% DVT</b>
Zinc 0.2mg	<b>2% DVT</b>
Water	<b>95.23g</b>
Fluoride	<b>1.3µg</b>